

La Perla

Thalassotherapy
Sport
Health
Beauty
Gastronomy

NOBU HOTEL
SAN SEBASTIÁN

Paseo de La Concha, s/n
20007 Donostia-San Sebastián
Tel.: +34 943 45 88 56
www.la-perla.net

BENEFITS OF THE SEA

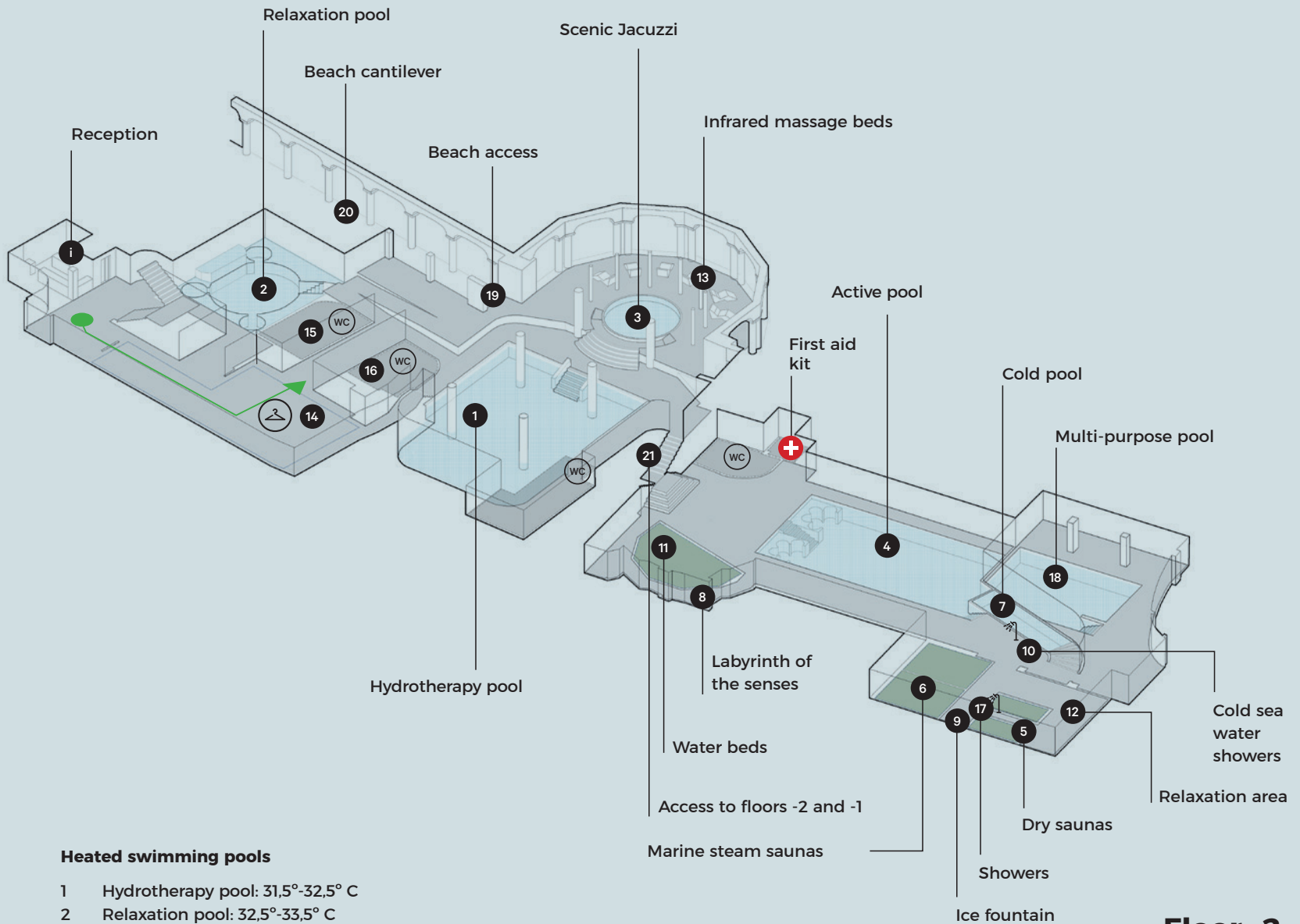
LIST OF SELECTED SERVICES

Special Rates for being a hotel guest.
Ask us!



Floor -1

THALASSOTHERAPY SESSION



Floor -2

Heated swimming pools

- 1 Hydrotherapy pool: 31,5°-32,5° C
- 2 Relaxation pool: 32,5°-33,5° C
- 3 Scenic Jacuzzi: 34°-35° C
- 4 Active pool: 30°-31° C

Saunas

- 5 Dry saunas: 70°-80° C
- 6 Marine steam saunas: 45°-50° C

Dry saunas Contrast zones

- 7 Cold pool: 19°-22° C
- 8 Labyrinth of the senses
- 9 Ice fountain
- 10 Cold sea water showers: 19°-22° C

Resting zones

- 11 Water beds
- 12 Relaxation area
- 13 Infrared massage beds

Services

- 14 Changing rooms
- 15 Women's showers and toilets
- 16 Men's showers and toilets
- 17 Showers

Exclusive

- 18 Multi-purpose pool. Exclusive use for rehabilitation services, maternity swimming and group activities.

Access

- 19 Beach access
- 20 Beach cantilever
- 21 Access to floors -2 and -1

THALASSOTHERAPY DAY TICKETS

- Adult 2 hours > 26,40€
- Adult 3 hours > 30,40€
- Adult 5 hours > 36,00€
(Access to the Fitness Centre is included)
- Young adult 2 hours > 20,80€
From the age of 16 to 25 years old. Upon presentation of ID card.
- Children 2 hours > 16,80€
From the age of 6 to 15 years old. Accompanied by an adult.

FITNESS CENTRE DAY TICKETS

- Adult 2 hours > 26,40€
- Adult 3 hours > 30,40€
- Adult 5 hours > 36,00€
(Access to Thalassotherapy is included)
- Young adult 2 hours > 20,80€
From the age of 16 to 25 years old. Upon presentation of ID card.
- Personal training 1 hour > 53,00€

VIP SPA TICKET

- Unlimited access to Thalassotherapy and Fitness Centre > 65,00€
Includes: additional service and VIP kit (bathing cap, towel, bathrobe, disposable slippers and bottle of water)



SEA WATER WHIRLPOOL BATHS

- Pacific Islands Effervescent Anti-Stress Bath > 35,10€
- Cleopatra Indian Sea Moisturising Bath > 35,10€

WRAPS

- Special marine wrap: Marine Mud + Algae > 38,70€
- Moisturising wrap with warm essential oils > 38,70€
- Body Wrap of your choice containing anti-stress craniofacial massage > 60,00€

MASSAGES

- Relax La Perla 55 min > 65,10€
(Relaxing bath with sea water + Relaxing massage with aromatherapy 40 min.)
- Relaxing under sea water (Vichy) 25 min > 65,10€
- Oriental massage with hot essential oils 50 min > 72,00€
- Therapeutic La Perla 50 min > 64,80€
(Therapeutic Jet + Therapeutic Massage 40 min.)
- Lymphatic Drainage 50 min > 64,80€
- Physiotherapy session 50 min > 64,80€

FACIAL BEAUTY TREATMENTS

- The Cure Carboxi Hygiene > 76,50€
- Radiant Glow > 86,40€
- Diamond Cocoon > 95,40€
- Japanese facelift Kobido by Evidens de Beauté > 157,50€
- Prodige des Océans > 126,00€
- Firming Silicium Lift Marine > 99,00€

BODY BEAUTY TREATMENTS

- Flower and sea salt peeling > 42,30€
- Body sculpting with drainage > 72,00€
- Cryo-Back, cryotherapy > 90,00€

WORLD RITUAL EXPERIENCES

- Indian Sea Ritual 2h > 165,00€
 - + Egyptian Scale: Cleopatra Moisturising Milk Bath
 - + Laos Scale: Ginger and red seaweed peeling
 - + Indian Scale: Oriental cocooning massage based on ayurvedic essential oils

WELLNESS EXPERIENCES

- Marine Delight 3h > 106,00€**
 - + Thalassotherapy session 2h
 - + Dead Sea mud wrap
 - + Relaxing massage with aromatherapy
- Diamond Well-living Experience 2h > 160,00€**
 - + Hydromassage bath with customised essential oils
 - + Peeling Scrub with sea salts, rice powder and grape seeds
 - + All-over massage with Aloe vera Hydro Mask, lime extract and customised aromatherapy

DUO EXPERIENCES

- Duo Spa 2h 30min > 168,00€**

Valid for two people in a double cabin

 - + Thalassotherapy session 2h
 - + Moisturising essential hot oil wrap combined with anti-stress cranio-facial massage

HEALTH EXPERIENCES

- Healthy Back 1h 30min > 113,00€**
 - + Decontracting bath containing salts
 - + Dead Sea mud thermotherapy
 - + Therapeutic back massage



BEAUTY EXPERIENCE

- La Perla Citrus Experience 1h 30min > 167,00€**
 - + Vitamin C peeling scrub
 - + Citrus aromatic body wrap
 - + Anti-ageing, firming facial treatment

GROUP ACTIVITIES

- Wellness: Yoga, Pilates, Stretching, etc.**
- Sport: Cross Training, TRX, Body Building, Combo (HIT), etc.**
- Cycling: Cycling: Indoor cycling**

Remarks:

2-hour session

Minimum group size: 10 people

Price per pax > 33,00€

IN-ROOM MASSAGES

- Relaxing or Therapeutic 50 min > 165,00€**

PERSONAL TRAINING AT NOBU HOTEL SAN SEBASTIÁN

1h > 100,00€

EXCLUSIVE NOBU HOTEL SAN SEBASTIÁN

NOBU HOTEL SAN SEBASTIÁN RITUAL BY LA PERLA

Nobu Hotel San Sebastián goes deep into the Cantabrian Sea, in La Concha, at La Perla.

- + We delve into the sensoriality of the French-Japanese blend in a ritual based on Kobido massage techniques.
- + We begin the Ritual with a welcome breathing routine and aromatherapy, followed by a hydro-nourishing body massage that provides velvety skin.
- + We then continue with our Kobido facelift using acupressure, shiatsu and Kobido massage techniques to renew the skin and rejuvenate the face and neck.
- + We end this Ritual with a relaxing herbal tea.

2h > 250,00€